Vitamin D3

Supports calcium absorption and bone health*

Vitamin D3 is essential to bone health as it promotes intestinal re-absorption of calcium and reduces urinary calcium loss.* These together maintain healthy serum calcium levels to support bone health.* Vitamin D also supports colon health.*

Recommended Use

400IU: 1 capsule, 1-2 times daily with food, or as directed by your healthcare professional.  
2000IU: 1 capsule, 5-7 times weekly with food, or as directed by your healthcare professional.  
5000IU: As directed by your healthcare professional.  
10,000IU: As directed by your healthcare professional.

UNSURPASSED QUALITY ASSURANCE

Raw materials and finished products are independently tested by U.S. labs. Learn more at vitalnutrients.net.

EXCLUDES: COATINGS, BINDERS, GLUTEN (WHEAT, RYE, BARLEY)†, MILK/DAIRY (CASEIN/WHEY)†, SOY PROTEIN†, EGG PROTEIN†, SUGAR.
†VERIFIED BY INDEPENDENT TESTING

SYNERGISTIC PRODUCTS

• Calcium (citrate/malate) 150mg  
• Calcium 225mg/Magnesium 75mg  
• Calcium/Magnesium (citrate/malate)  
• Magnesium (citrate) 150mg  
• Magnesium (glycinate/malate) 120mg  
• Triple Magnesium 250mg  
• Strontium (citrate) 227mg

Scientific References

1) Bronner, F. Mechanisms and functional aspects of calcium absorption.  
THE VITAL NUTRIENTS DIFFERENCE:
Exceeding Standards for Quality Assurance

VITAL NUTRIENTS
Testing Required for:
- Authenticity
- Potency
- Microbiology
- Stability
- Heavy Metals
- Chemical Solvent Residues
- Aflatoxins
- Herbicides, Pesticides, Fungicides
- Rancidity
- PCBs
- Dioxins
- Product Specific Analysis
- Third Party Labs
- No Skip Lot Testing
- Never Rely on a Certificate of Analysis

REGULATORY REQUIREMENTS
Testing Required for:
- Authenticity
- Potency
- Microbiology
- Stability
- Rely on a Certificate of Analysis with Vendor Qualification

OTHER QUALIFICATION STANDARDS
Testing Required for:
- Authenticity
- Potency
- Microbiology